
How You Can Help

We are always looking for volunteers to help with tutoring, meals, transportation, youth programs and so much more. We also offer several Community Service Learning Opportunities to high schools, college and university students as well as practicum placement opportunities to students in the social work field.

You can also support our community outreach programs and counselling services by making a financial contribution. Any donations greater than \$10 will receive a tax deductible receipt.

MSS Youth For Peace & Justice

MSS youth was established to empower and support our young people. We organize various programs to engage the youth in our community through leadership training, school integration and mental and physical health programs. Youth leading other youth has been a successful model in building capacity of our youth to become active members of our community. Some programs include: tutoring, inter-age mentoring, involvement in local community organizations, heritage and identity discussions and inter-faith dialogue.

Our History

Muslim Social Services was founded in January 2007 in response to the need for a culturally and spiritually-sensitive community agency. MSS has worked to follow the Islamic commandment of working to foster a just, equitable, and peaceful community.

The model MSS has adopted from its inception is one of cooperation and partnership with other mainstream agencies, faith groups and counselling centres that have well established social service infrastructure. It is with the help of these partnerships and a great deal of hard work that MSS evolved from a group of loosely knit volunteers dedicated to make a difference to a full fledged not-for-profit organization in 2011.

Our motto is to treat anyone approaching MSS for its services with dignity, respect and compassion. We value the place of faith and culture in people's lives and provide a safe and confidential space for all community members.

Contact Info

Executive Director/Counsellor:
counsellor@muslimsocialservices.org

Muslim Social Services Kitchener-Waterloo

Serving The Community



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About MSS

Muslim Social Services of Kitchener Waterloo is a charitable organization that provides culturally and spiritually sensitive humanitarian and social services to the Muslim and non-Muslim community of the Waterloo region.

MSS aims to foster a healthy, inclusive environment and provides various opportunities of learning and personal growth through its educational, outreach, and support initiatives. It seeks to create an understanding of Islam and Muslims in Canada, build bridges with other faith communities as well as mainstream social service and community organizations.

Our Vision

MSS envisions an inclusive community that understands everyone's needs and provides support for all.

Our Values

- * Faith based principles
- * Inclusivity
- * Compassion
- * Respect
- * Social Justice

Core Programs

Safer Families Project: Raises awareness about issues of abuse and violence, especially family violence and other related issues of honour and shame. This program aims to eradicate domestic violence through culturally and spiritually sensitive education programs as well as supporting women and children who have experienced violence, abuse and trauma.

We have formed **Muslims for Safer Families**, a team of Muslim social workers, Imams, community leaders, professionals and paraprofessionals from diverse cultural and linguistic backgrounds, all working together to eradicate oppression and violence in families. This team is a resource for other local agencies involved in addressing family violence.

Refugee Settlement: Many refugee families arrive in Kitchener-Waterloo. We provide help in settling newcomers and assisting them with numerous challenges including language translation and interpretation, transportation, computer literacy, food assistance, along with other physical and emotional needs.

The Caring Program: MSS volunteers coordinate meals and visits for needy community members during times of illness or bereavement, provide help and support to the elderly in the form of transportation, arrange meals, and provide companionship.

Counselling: MSS is now providing counselling services and support on an ongoing basis to all members of the Kitchener-Waterloo region community. All counselling services are provided by skilled and registered social workers who are very aware of, and sensitive to, the faith and cultural aspects of their clients. Services are available at the Family Centre Hub on a drop in basis on Mondays from 10.00 am to 2.00 pm or by appointments during normal business hours.

Besides in house counselling at the Family Centre, we also partner with the *Delton Glebe Counselling Centre*, a new holistic Counselling Centre.

Community Outreach: MSS contributes to the Out of the Cold meals program through Trinity United Church. We serve bi-annual meals at St. John's Soup Kitchen and also provide meals for volunteers for Habitat for Humanity and other groups. In partnership with the House of Friendship Emergency Food Hamper we provide a regular supply of halal food. Families in need also receive food coupons during the annual Ramadan drive.

Community Education: We offer seminars, cultural sensitivity and diversity workshops to schools, colleges, universities, hospitals, police departments, local social service agencies, and other community organizations.